

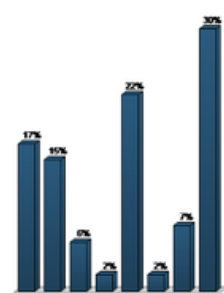
BUILDING HOPE CONFERENCE 2018



IN ATTENDANCE:
77% CENTRAL LABRADOR
10% LAB WEST AND SOUTH
13% NORTH COAST

2. What sector do you work in? (Multiple Choice)

	Responses	
	Percent	Count
Health Sector	16.67%	9
Education	14.81%	8
Provincial Government	5.56%	3
Federal Government	1.85%	1
Aboriginal Government	22.22%	12
Municipal Government	1.85%	1
Social Sector	7.41%	4
Non Profit	29.63%	16
Totals	100%	54

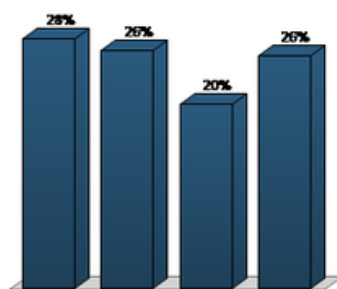


REPRESENTATION OF
WHERE PEOPLE WORK

CONFERENCE EXPECTATIONS FROM PARTICIPANTS

4. What would you like to receive from your conference experience? (all that apply) (Multiple Choice - Multiple Response)

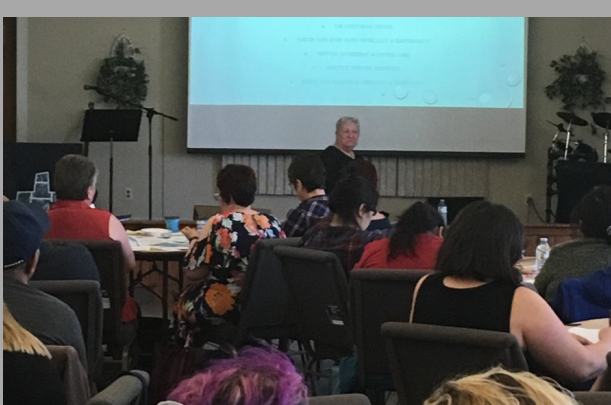
	Responses	
	Percent	Count
How to support people experiencing trauma	27.63%	42
What resources are available in Labrador	26.32%	40
New networks	20.39%	31
More knowledge relevant to my job	25.66%	39
Totals	100%	152



EVALUATIONS OF
3 MAIN
PRESENTATIONS:
ALL AGREE OR
STRONGLY AGREE
WITH AN
INCREASE IN
KNOWLEDGE, USE
IN EVERYDAY
WORK, AND
WOULD
RECOMMEND TO
OTHERS!

I know I already mentioned it, but best one yet - so impactful. Great job to everyone who made it happen!

Trauma Informed Care



Childhood Trauma: practical approaches to care



Strengthening Attachment and Art Therapy



Scribble Tag: just like it sounds! Super fun!



Art Quilt: images of your 'happy' place. Wonderful project to wrap yourself up in!



I found the conference very helpful, informative and insightful. I came away with a greater appreciation and understanding of the struggles of our indigenous people. The conference was very well organized...and the food was great!



We really enjoyed the conference. Thanks very much. Happy to see many people at the conference, especially the end of the day. Loving it! We will come again next time. Thanks



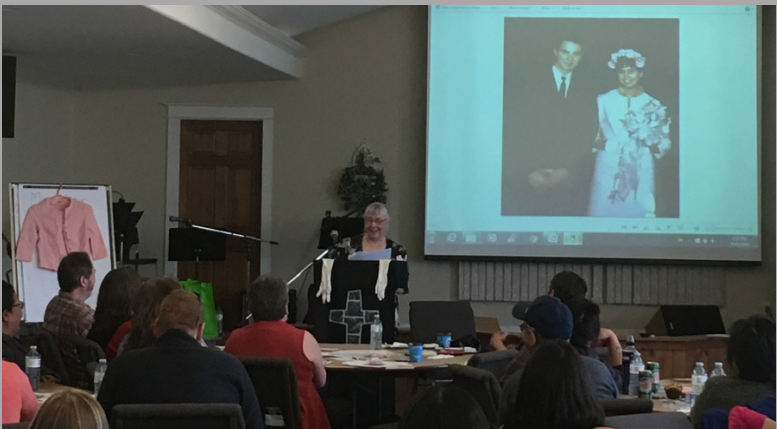
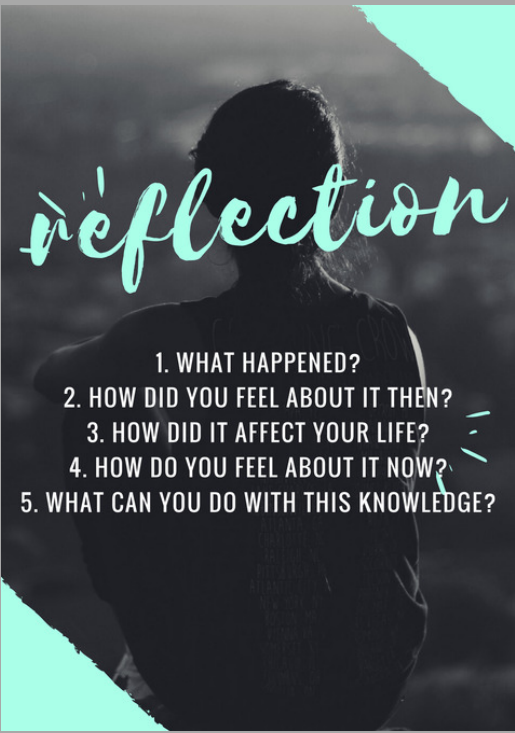
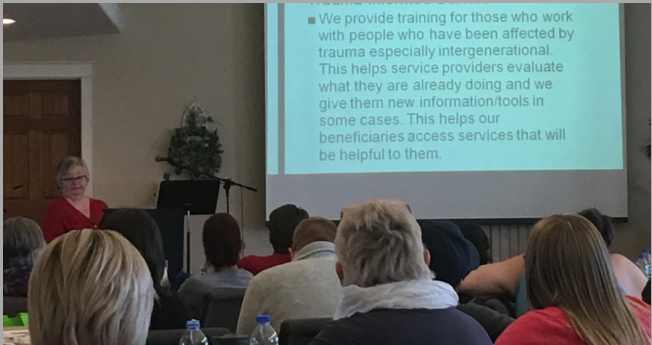
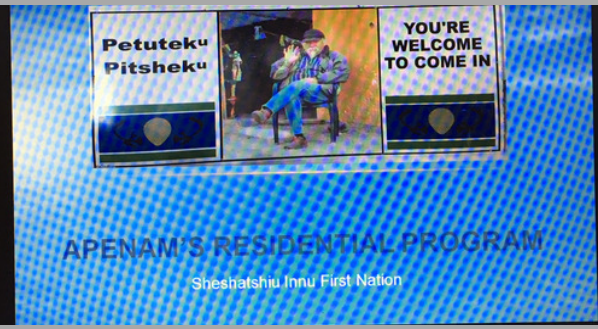
The Blanket Exercise:
The most impacting exercise
I've ever participated in!
[https://www.kairoscanada.org/
the-blanket-exercise-video](https://www.kairoscanada.org/the-blanket-exercise-video)



Kristin Sellon: Apenam's House

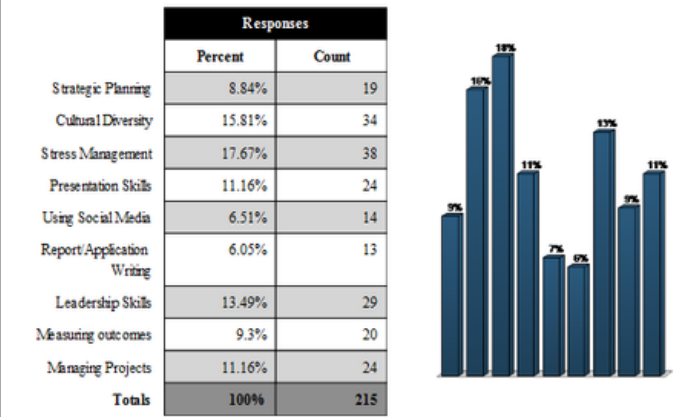
Carolyn Michelin: Nunatsiavut
Trauma and Addictions Team

Margaret Goudie-Parsons:
Inspirational Speaker - "My
Sophisticated Suit"



Future Training Opportunities

6. In what areas would you like to see training? (all that apply) (Multiple Choice - Multiple Response)



- TOP 3:**
1. Cultural Diversity
 2. Stress Management
 3. Leadership Skills

THESE 3 WILL BE THE WEBINARS WE OFFER
OVER THE NEXT YEAR



Co-Chair Position:
Nominees - Dee Dee Voisey and Danyelle Lavers
Elected (6 to 5) Dee Dee
Danyelle has agreed to help the co-chairs when needed



Grant Chair Position:
Nominees - Sondra Spearing and Ashley Norman
Elected (6 to 5) Sondra
Decision to have both as Co-Chairs

"THOUGHTS FROM DAY 1"

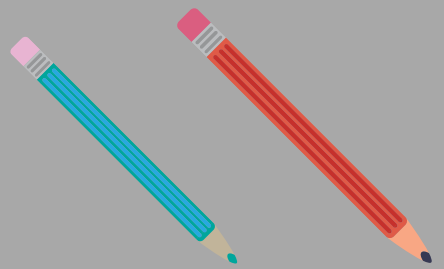
ACTIVITY: SOME RESPONSES

Great, lots of information, liked that it was interactive



Imagine if we were able/had videoed the presentations over the last 2 days? Would have made sharing and wider access to the material even greater!

I loved how interactive the art therapy session was. Would be great to incorporate similar activities in future conferences.



First day was very interesting and informative. Love seeing local facilitators involved – learning from “our own”. Great sessions!

CO-CHAIRS NOTE

Amazing! This one word can sum up these two days! When the planning committee started thinking of who to get to present, we never thought we had so much right in our own back yard! Lots of great work happening here in Labrador and we had a glimpse of it during the conference. We would like to send heartfelt thanks to all of our presenters and the people who helped behind the scenes to plan such a great educational experience. Everything went smooth, as planned, and by the comments we've received, everyone took a lot from it.

Next Steps:

The information gathered from participants through activities and the 'clickers' (instant data collection program) will be used to help the LRWC plan for the next few years.

We now have a plan for webinars to offer our members, as mentioned earlier. Comments such as the ones above will help us plan for future ways to support our members and another conference in two years.

This report and even more photos will be available on the website www.lrwc.ca

Thanks for an amazing conference and contact us anytime at info@lrwc.ca

Janice and Dee Dee

