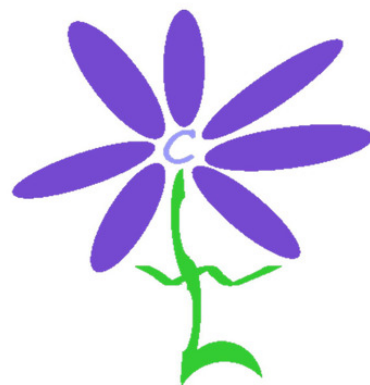


SPRING NEWSLETTER

2018



Labrador Regional
Wellness Coalition

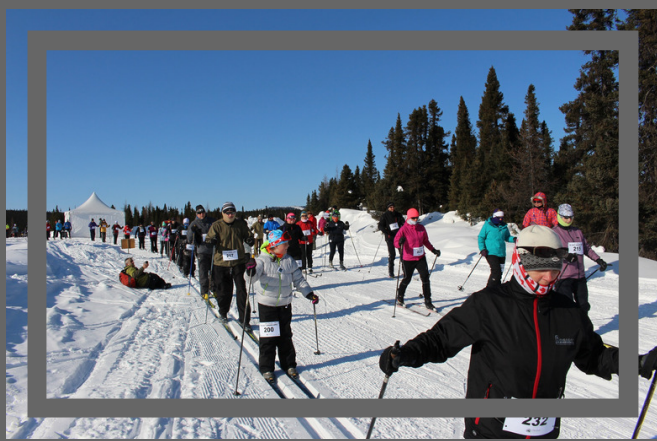
BUILDING HOPE CONFERENCE AND ANNUAL GENERAL MEETING

May 29 & 30, 2018 - Goose Bay
The Steering and Planning
Committees are very excited to
offer this conference about
dealing with trauma.



FOOD FIRST NL

Everybody Eats was a huge
undertaking. 26 events, 900+
people, and 2200 hours of
discussion! All to talk about food
security in our province. To get
involved or for more information
visit www.foodfirstnl.ca



ANOTHER GREAT YEAR OF COMMUNITY GRANTS!

2017-18 stats:
36 grants received
26 grants awarded
\$17,470 total funds awarded for
grants
To learn more about the grant
program and to get a grant
application visit www.lrwc.ca



GRANT RECIPIENT HIGHLIGHTS

The grants we supported this
year were fabulous projects;
from community gardens and
cooking classes to cross country
skiing loppets to pride projects
to mental health weekends.
Here are a few pics to showcase
such great work in Wellness
across Labrador!

To get your story
highlighted or
photos shown,
please send to
info@lrwc.ca