



## Discretionary Fund Request Form

- The Discretionary Fund is used to support Wellness projects that may not need a full grant. The guidelines used for our Grant Application still apply to this fund, including the types of items that can be purchased with these funds
- Please forward your completed request form to [info@lrwc.ca](mailto:info@lrwc.ca)
- Upon approval, funds will be issued to the applicant on a reimbursement basis, following the submission of original receipts
- Maximum amount \$200.00 per initiative can be granted
- If you require more funding, please visit our website and learn more about our community grants program. [www.lrwc.ca](http://www.lrwc.ca)
- Applications should align with at least one of the following priority areas
  1. Healthy Living
  2. Healthy Environment
  3. Mental Health Promotion
  4. Child/Youth Development
  5. Chronic Disease Prevention/Health Protection
  6. Injury Prevention
- Examples include, but are not limited to:
  - Refreshments for community events
  - Injury prevention items such as Bicycle helmets for a bicycle rodeo
  - Physical activity items such as skipping ropes, resistance bands or exercise mats
  - Community clean up supplies such as garbage bags and gloves

### Instructions:

1. Complete this form.
2. Save it on your computer. **This is important!** For help see “How to Save Your Completed Form” on the last page of this document.
3. Send the PDF file as an email attachment to [info@lrwc.ca](mailto:info@lrwc.ca).

Labrador Regional Wellness Coalition  
**Discretionary Fund Request Form**

Group name:

Organization to be listed on the cheque:

Address:

Email address:

What would you like to do?

Amount requested:

Date:

Once your event is completed, please forward all receipts and photos (if available) to: [info@lrwc.ca](mailto:info@lrwc.ca)

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**For Office Use Only:**

Approved by:

Amount approved:

Date approved:

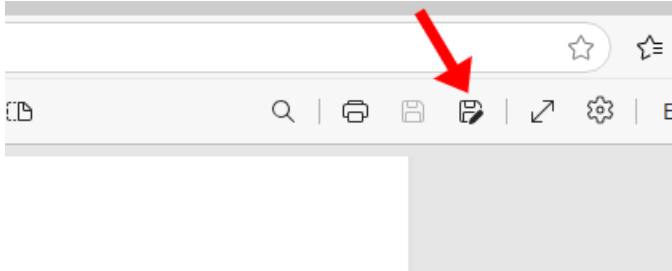
— END OF FORM —

## How to Save Your Completed Form

After filling out the form you **must save it** on your computer else your information will be lost. How you save it depends on the program you're using. Here are three common examples.

### Microsoft Edge

Click the **"Save As"** button on the toolbar at right:



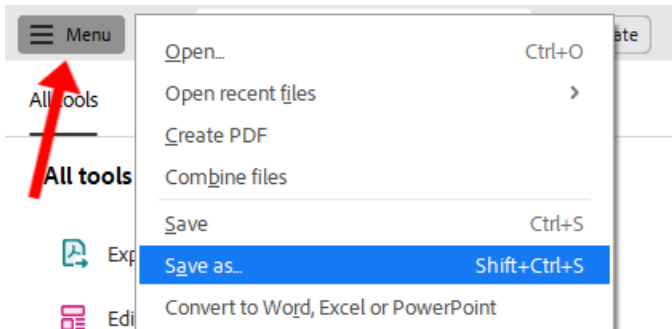
### Google Chrome

Click the **"Download"** button on the toolbar at right, then choose **"With your changes"**:



### Adobe Acrobat

Click the **"Menu"** button at left, then choose **"Save as"**:



### Naming the PDF file

For clarity you may change the file name to include your organization. For example:

Original Name: LRWC Discretionary Fund Request Form.pdf

Your Name: LRWC Discretionary Fund Request - My Organization.pdf